



I have known Ani for more than four years now. I first knew Ani as a classmate at the University of Miami. Later she became my learning partner and now she is my dear and true friend. As part of our coaching class, Ani and I practiced by taking turns coaching each other. Because of this, she has spent many hours coaching me. During a session, Ani creates a warm caring space where your words and feelings are the clear focus of her attention. She embraces you with unconditional acceptance, which allows you to open up and speak your truth. At the end of every session, you walk away feeling empowered with a realistic plan that will either help you resolve your problems or live your most heartfelt dreams!

Janet Holland